

amical

Sunday Brunch Menu

Eggs & Omelets

- Cheese Omelet***
three-egg omelet with gruyere & cheddar cheese, served with fruit & breakfast potatoes 7
- Spinach & Bacon Omelet***
sautéed baby spinach, crisp bacon & Swiss cheese served with breakfast potatoes 8
- Italian Sausage Omelet***
mild Italian sausage with fresh tomatoes, basil & tomato sauce, served with breakfast potatoes 8
- Ham & Cheese Omelet***
diced ham & cheddar cheese in a three-egg omelet served with breakfast potatoes 8
- Potato, Bacon & Cheddar Omelet***
crisp bacon, diced potato, cheddar cheese & green onion rolled in a 3 egg omelet 8
- Spinach & Feta Croissant***
fresh spinach leaves, feta cheese, bechamel and scrambled eggs in a warm croissant 8
- amical Croissant***
buttery croissant with scrambled eggs, Swiss cheese & ham, served with breakfast potatoes 8
- Simple Breakfast***
side of scrambled eggs & breakfast potatoes served with fresh fruit & breakfast bread 7
- Savory Tart Lorraine**
caramelized onion, crisp bacon, Swiss cheese & leaf thyme baked in a savory crust 7
- Croque Madam***
baked open-faced ham croissant sandwich with bechamel, gruyere & basted egg 8
- Eggs Milano***
basted eggs over roma tomato polenta & shaved ham, topped with pesto hollandaise 9

Brunch Specialties

- amical French Toast**
griddled Challah bread with almond bavarian creme, fresh berries, raspberry romanoff cream & almonds 10
- Belgian Waffle**
large housemade malted waffle topped with fresh seasonal fruit, whipped cream & powdered sugar 8
- Banana-Pecan Belgian Waffle**
toasted pecan waffle topped with sliced bananas, whipped cream & powdered sugar 9
- Nutella-Banana Crêpe**
crushed hazelnuts, sliced banana & chocolate Nutella in a thin pancake 9
- Fresh Fruit Crêpe**
diced cantelope, honeydew, pineapple & berries in a thin pancake with raspberry sauce 7
- Granola & Yogurt**
toasted oats, raisins, banana, dried cranberries & apricots with low fat yogurt 7

amical Cuisine

- Chicken & Broccoli Crêpes**
two thin crêpes wrapped around chicken & blanched broccoli in chervil cream with mushrooms 10
- Sautéed Tilapia**
pan-fried and set atop wilted spinach & mushrooms in a sauce of garlic, wine & butter 10
- Roasted Chicken**
one-half bird rubbed with olive oil, garlic & herbs de provence, served with mashed potatoes
1/2-bird 10 1/4-bird 6
- Chicken Pot Pie**
amical specialty. chicken, potatoes, mushrooms, vegetables & herbs with a pastry crust 9
- Vegetable Lasagna with Zucchini**
spiral-rolled roasted zucchini, pasta & spinach baked with house tomato sauce & mozzarella 9

Side Dishes

- Side Scrambled Eggs 4 Side Breakfast Potatoes 2 Ham Steak 3**
Muffin or Scone 2 Small Fresh Fruit Cup 3 Strawberries Romanoff 6
Bagel & Cream Cheese 3 French Croissant 2 Nutella-Filled Croissant 4

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Pasta Dishes

Baked Penne Pasta

oven-baked penne with gruyere, cheddar & Parmigiano-Reggiano seasoned with thyme & garlic **8**

Ravioli with Pesto & Fresh Spinach

ricotta-filled pasta, tossed with tomatoes, in a pesto cream sauce **11**

Penne Rustica-Style

crumbled Italian sausage, tomatoes, basil & Calamata olives with garlic and a house-made tomato sauce **10**

Salads

Caesar Salad

Romaine, croutons & parmesan tossed with our superb low fat dressing **7**

Chicken Caesar Salad

tender strips of chicken added to our signature low fat salad **9**

Asian Chicken Salad

soy-sherry marinated chicken, almonds, crisp rice noodles & carrots tossed in spicy ginger dressing **10**

Mediterranean Tuna Salad

albacore tuna mixed with pesto & olive tapenade over greens with tomato, fresh mozzarella & red onion **10**

Fruit Salad

slices & wedges of pineapple, honeydew, cantaloupe and seasonal berries **8**

Soups, Appetizers & Cracker-Crust Pizzas

Tomato Basil Bisque

our classic soup with fresh basil & a touch of cream **2 / 4**

Tomato Soup en Croute

amical specialty... baked tomato soup with a puff pastry crust **6**

French Onion Soup

gratinée-style, top-browned with mozzarella cheese & croutons **3 / 6**

Olive Twists

baked twists of pastry stuffed with feta cheese and tapenade **7**

Smoked Whitefish Paté

light cream cheese, scallions & crumbled whitefish served with assorted crackers **8**

Monterey Crab Cakes

two pan-sautéed cakes served with a spicy chipotle remoulade **10**

Sesame-Crusted Tuna*

chilled rare tuna on thin sesame wafers with wasabi, hot mustard and soy syrup **11**

Bacon & Feta Pizza

wafer-thin crusted pizza baked with red onion, feta cheese, roasted tomato & crisp bacon **9**

Rustica-Style Pizza

crumbled Italian sausage baked over a thin crust with roasted red peppers & mozzarella cheese **9**

Three Mushroom Pizza

oven-roasted Shiitake, Portabella & Crimini mushrooms with spinach and our tomato sauce **9**

Sandwiches

Chicken Caesar Wrapper

low fat Caesar salad tossed with chicken & roma tomatoes in a whole wheat wrapper **8**

Turkey with Salami & Provolone

sliced turkey breast & Carando salami on Ciabatta with red pepper mayonnaise, lettuce & tomato **8**

Asian Chicken Wrapper

fresh greens, almonds, julienne carrots, crunchy fried rice noodles & marinated chicken **9**

Dinner served every night from 5:00-10:00 pm. Lunch served Mon-Sat at 11:00 am Sunday Brunch from 9-3
229. E. Front Street • Traverse City MI 49684 (231) 941-8888 FAX (231) 941-8893 www.amical.com

*CAN BE COOKED TO ORDER:

Michigan food law warns of certain risks associated with the consumption of raw or undercooked proteins for the above * items