

# amical

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## Sunday Brunch Menu

### Eggs & Omelets

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#### **Cheese Omelet\***

three-egg omelet with gruyere & cheddar cheese, served with fruit & breakfast potatoes 8

#### **Spinach & Bacon Omelet\***

sautéed baby spinach, crisp bacon & Swiss cheese served with breakfast potatoes 9

#### **Italian Sausage Omelet\***

mild Italian sausage with fresh tomatoes, basil & tomato sauce, served with breakfast potatoes 9

#### **Ham & Cheese Omelet\***

diced ham & cheddar cheese in a three-egg omelet served with breakfast potatoes 9

#### **Potato, Bacon & Cheddar Omelet\***

crisp bacon, diced potato, cheddar cheese & green onion rolled in a 3 egg omelet 9

#### **Spinach & Feta Croissant\***

fresh spinach leaves, feta cheese, bechamel and scrambled eggs in a warm croissant 8

#### **amical Croissant\***

buttery croissant with scrambled eggs, Swiss cheese & ham, served with breakfast potatoes 8

#### **Simple Breakfast\***

side of scrambled eggs & breakfast potatoes served with fresh fruit & breakfast bread 7

#### **Savory Tart Lorraine**

caramelized onion, crisp bacon, Swiss cheese & leaf thyme baked in a savory crust 8

#### **Croque Madam\***

baked open-faced ham croissant sandwich with bechamel, gruyere & basted egg 8

#### **Eggs Milano\***

basted eggs over roma tomato polenta & shaved ham, topped with pesto hollandaise 9

### Brunch Specialties

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#### **amical French Toast**

griddled Challah bread with almond bavarian creme, fresh berries, raspberry romanoff cream & almonds 10

#### **Belgian Waffle**

large housemade malted waffle topped with fresh seasonal fruit, whipped cream & powdered sugar 8

#### **Banana-Pecan Belgian Waffle**

toasted pecan waffle topped with sliced bananas, whipped cream & powdered sugar 9

#### **Nutella-Banana Crêpe**

crushed hazelnuts, sliced banana & chocolate Nutella in a thin pancake 9

#### **Fresh Fruit Crêpe**

diced cantelope, honeydew, pineapple & berries in a thin pancake with raspberry sauce 7

#### **Granola & Yogurt**

toasted oats, raisins, banana, dried cranberries & apricots with low fat yogurt 7

### amical Cuisine

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#### **Chicken & Broccoli Crêpes**

two thin crêpes wrapped around chicken & blanched broccoli in chervil cream with mushrooms 11

#### **Sautéed Tilapia\***

pan-fried and set atop wilted spinach & mushrooms in a sauce of garlic, wine & butter 11

#### **Roasted Chicken**

one-half bird rubbed with olive oil, garlic & herbs de provence, served with mashed potatoes

1/2-bird 11 1/4-bird 7

#### **Chicken Pot Pie**

amical specialty. chicken, potatoes, mushrooms, vegetables & herbs with a pastry crust 10

#### **Blackened Salmon Caesar Salad\***

salmon fillet dusted with Cajun spices & served over our classic salad with tomatoes & olives 11

### Side Dishes

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**Side Scrambled Eggs 4    Side Breakfast Potatoes 2    Ham Steak 3**

**Bagel & Cream Cheese 3    Small Fresh Fruit Cup 3    Strawberries Romanoff 6**

**French Croissant 2    Almond or Nutella-Filled Croissant 4**

229. E. Front Street • Traverse City MI 49684 (231) 941-8888 FAX (231) 941-8893 [www.amical.com](http://www.amical.com)

\*CAN BE COOKED TO ORDER:

Michigan food law warns of certain risks associated with the consumption of raw or undercooked proteins for the above \* items

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## Sunday Brunch Menu

### Pasta Dishes

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#### **Baked Penne Pasta**

oven-baked penne with gruyere, cheddar & Parmigiano-Reggiano seasoned with thyme & garlic 9

#### **Ravioli with Pesto Cream**

ricotta-filled pasta served over wilted spinach & roasted tomato 12

#### **Penne Rustica-Style**

crumbled Italian sausage, tomatoes, basil & Calamata olives with garlic and a house-made tomato sauce 11

### Salads

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#### **Caesar Salad**

Romaine, croutons & parmesan tossed with our superb low fat dressing 8

#### **Chicken Caesar Salad**

tender strips of chicken added to our signature low fat salad 10

#### **Asian Chicken Salad**

soy-sherry marinated chicken, almonds, crisp rice noodles & carrots tossed in spicy ginger dressing 10

#### **Mediterranean Tuna Salad**

albacore tuna mixed with pesto & olive tapenade over greens with tomato, fresh mozzarella & red onion 11

#### **Fruit Salad**

slices & wedges of pineapple, honeydew, cantaloupe and seasonal berries 9

### Soups, Appetizers & Cracker-Crust Pizzas

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#### **Tomato Basil Bisque**

our classic soup with fresh basil & a touch of cream 3 / 5

#### **Tomato Soup en Croute**

amical specialty... baked tomato soup with a puff pastry crust 6

#### **French Onion Soup**

gratinée-style, top-browned with mozzarella cheese & croutons 4 / 6

#### **Olive Twists**

baked twists of pastry stuffed with feta cheese and tapenade 7

#### **Smoked Whitefish Paté**

light cream cheese, scallions & crumbled whitefish served with assorted crackers 8

#### **Carolina Crab Cakes**

two pan-sautéed cakes with corn, black-eyed peas & roasted onion aioli 11

#### **Sesame-Crusted Tuna\***

chilled rare tuna on thin sesame wafers with wasabi, hot mustard and soy syrup 12

#### **Bacon & Gorgonzola Pizza**

red onion, house tomato sauce, mozzarella cheese & basil on a cracker crust 10

#### **Rustica-Style Pizza**

crumbled Italian sausage baked over a thin crust with roasted red peppers & mozzarella cheese 10

#### **Three Mushroom Pizza with Chevre**

oven-roasted Shiitake, Portabella & Crimini mushrooms with spinach, goat cheese and our tomato sauce 10

### Sandwiches

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#### **Chicken Caesar Wrapper**

low fat Caesar salad tossed with chicken & roma tomatoes in a whole wheat wrapper 8

#### **California Turkey on Focaccia**

sliced turkey breast with avocado, mayonnaise, fresh mozzarella, local Bibb lettuce & tomatoes 9

#### **Asian Chicken Wrapper**

fresh greens, almonds, julienne carrots, crunchy fried rice noodles & marinated chicken 9

Dinner served every night from 5:00-10:00 pm. (Fri/Sat dinner til 11 pm in the summer!)

Lunch served Mon-Sat at 11:00 am Sunday Brunch from 9-3

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